



today is a GOOD DAY



ANGLES

FREE PATTERN



A DIVISION OF AGF

today is a
GOOD DAY

QUILT DESIGNED BY *AGFstudio*

**SUNRISE
SUNSET**

FABRICS DESIGNED BY JESSICA SWIFT



Fabric A

PE535
ROCK CANDY



Fabric B

SST85106
DAWN DUSK RHYTHM



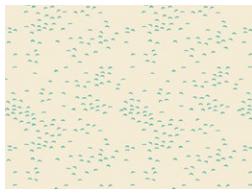
Fabric C

PE474
SWEET PINK



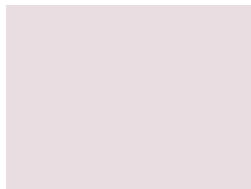
Fabric D

PE523
LATTE



Fabric E

SST85104
ETERNAL AWAKING



Fabric F

PE470
LAVENDER WATER



Fabric G

FE519
ICY BLUE



Fabric H

PE402
COZUMEL BLUE



Fabric I

PE412
TENDER GREEN



Fabric J

PE411
QUARTZ PINK



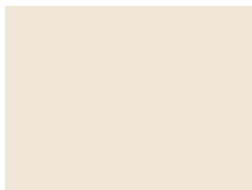
Fabric K

SST85108
BEHIND THE VEIL



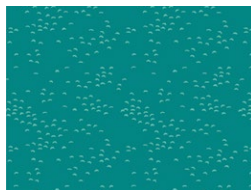
Fabric L

PE403
FRESH WATER



Fabric M

PE540
COCONUT MILK



Fabric N

SST85101
ETERNAL DRIFTING



Fabric O

SST85102
MIRACLE MORNING



Fabric P

FE518
BELLERINA



ART GALLERY FABRICS®

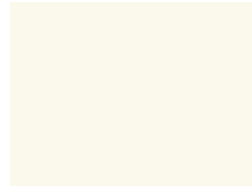
© 2024 Courtesy of Art Gallery Quilts LLC. All Rights Reserved.



Fabric Q
PE559
COSMOS



Fabric R
SST85100
RISE AND SHINE



Fabric S
PE408
WHITE LINEN



Fabric U (Binding)
BINSST85
GOOD DAY BOUND



Backing
SST85105
JOYFUL HOWL



Fabric T
SST85111
AFFIRMATIONS_FULL

today is a GOOD DAY

FINISHED SIZE | 61" x 64"

FABRIC REQUIREMENTS

Fabric A	PE535	¼ yd.
Fabric B	SST85106	FQ.
Fabric C	PE474	¼ yd.
Fabric D	PE523	⅛ yd.
Fabric E	SST85104	⅝ yd.
Fabric F	PE470	⅜ yd.
Fabric G	PE519	½ yd.
Fabric H	PE402	⅜ yd.
Fabric I	PE412	FQ.
Fabric J	PE411	¼ yd.
Fabric K	SST58108	FQ.
Fabric L	PE403	FQ.
Fabric M	PE540	½ yd.
Fabric N	SST85101	FQ.
Fabric O	SST85102	FQ.
Fabric P	FE518	FQ.
Fabric Q	PE559	¼ yd.
Fabric R	SST85100	F8.
Fabric S	PE408	⅝ yd.
Fabric T	SST85111	1 yd.
Fabric U	BINSST85	⅝ yd.

BACKING FABRIC
SST85105 4 yds (Suggested)

BINDING FABRIC

Fabric **U** BINSST85 ⅝ yd. (Included)

CUTTING DIRECTIONS

Iron your fabrics thoroughly before cutting them. ¼" seam allowances are included. WOF means width of fabric.

Fabric A

- Five (5) 4" squares.
- Two (2) 6¾" squares.

Fabric B

- One (1) 5½" square.
- One (1) 4" square.
- Two (2) 2½" x 16½" strips.
- Two (2) 15½" x 2½" strips.

Fabric C

- One (1) 5½" square.
- Six (6) 4¼" squares.
- Twenty four (24) 2⅜" squares.
- Two (2) 3½" x 1½" strips.

Fabric D

- Six (6) 4¼" squares.

Fabric E

- One (1) 6¾" square.
- Two (2) 5½" squares.
- Six (6) 4¼" squares.
- Four (4) WOF x 2½" strips.

SUBCUT

- Two 16½" x 2½" strips.
- Two 15½" x 2½" strips.

Fabric F

- One (1) 5½" square.
- Twenty four (24) 2⅜" squares.
- Two (2) 3½" x 1½" rectangles.
- Six (6) 4¼" squares.

Fabric G

- Four (4) WOF x 2½" strips.

SUBCUT

- Four (4) 16½" x 2½" strips.
- Four (4) 15½" x 2½" strips.

- One (1) 6¾" square.
- Two (2) 5½" squares.

Fabric H

- Two (2) 5½" squares.
- Three (2) WOF x 2¾" strips.

SUBCUT

- Forty eight (48) 2¾" squares.
- Four (4) 3½" x 1½" rectangles.

Fabric I

- One (1) 5½" square.
- Twenty four (24) 2¾" squares.
- Two (2) 3½" x 1½" rectangles.

Fabric J

- Eighteen (18) 4¼" squares.

Fabric K

Two (2) 2½" x 16½" strips.

Two (2) 15½" x 2½" strips.

One (1) 4" square.

Fabric L

- Six (6) 4¼" squares.
- Twenty four (24) 2¾" squares.
- Two (2) 3½" x 1½" rectangles.

Fabric M

- Two (2) 5½" squares.
- Six (6) 4¼" squares.
- One (1) 4" square.
- Two (2) WOF x 2½" strips.

SUBCUT

- Two (2) 15½" x 2½" strips.
- Two (2) 16½" x 2½" strips.
- Twenty four (24) 2¾" squares.
- Two (2) 3½" x 1½" rectangles

Fabric N

- One (1) 5½" square.
- Six (6) WOF x 2¾" strips.

SUBCUT

- Twenty four (24) 2¾" squares.
- Two (2) 3½" x 1½" rectangles.

Fabric O

- Four (4) WOF x 2½" strips.

SUBCUT

- Two(2) 16½" x 2½" strips.
- Two (2) 15½" x 2½" strips.
- One (1) 5½" square.
- One (1) 4¼" square.

Fabric P

- Two (2) 2½" x 16½" strips.
- Two (2) 15½" x 2½" strips.
- One (1) 5½" square.
- One (1) 4¼" square.

Fabric Q

- One (1) 5½" square.

PANEL CUTTING SECTIONS

Cut only the sections of the Panel that have been numbered.

- Twenty four (24) 2¾" squares.
- Two (2) 3½" x 1½" rectangle.

Fabric R

- One (1) 9½" x 10½" rectangle.

Fabric S

- Eight (8) WOF x 2½" strips.

Fabric T

- One (1) 9½" x 10½" rectangle Panel 1
- One (1) 9½" x 10½" rectangle Panel 2
- One (1) 9½" x 10½" rectangle Panel 3
- One (1) 9½" x 10½" rectangle Panel 4
- One (1) 9½" x 10½" rectangle Panel 5
- One (1) 9½" x 10½" rectangle Panel 6
- One (1) 9½" x 10½" rectangle Panel 7
- One (1) 9½" x 10½" rectangle Panel 8



DIAGRAM 1

- One (1) 3½" square panel 9
- One (1) 3½" square panel 10
- One (1) 3½" square panel 11
- One (1) 3½" square panel 12
- One (1) 3½" square panel 13
- One (1) 3½" square panel 14
- One (1) 3½" square panel 15
- One (1) 3½" square panel 16
- One (1) 3½" square panel 17
- One (1) 3½" square panel 18
- One (1) 3½" square panel 19
- One (1) 3½" square panel 20
- One (1) 3½" square panel 21

Fabric U (Binding)

- Seven (7) WOF x 2½" strips.

CONSTRUCTION

Sew all rights sides together with ¼" seam allowance.

Four at a time HST method:

- Start by placing one (1) 5½" square from fabrics **B** and **C** right sides together.
- Sew all around the square at a SCANT ¼".
- Mark diagonal lines corners to corners on the wrong side of fabric.
- Using your rotary cutter, cut the squares following both diagonal drawn lines.
- Press each Half Square Triangle (HST) and trim to a 3½" squares.

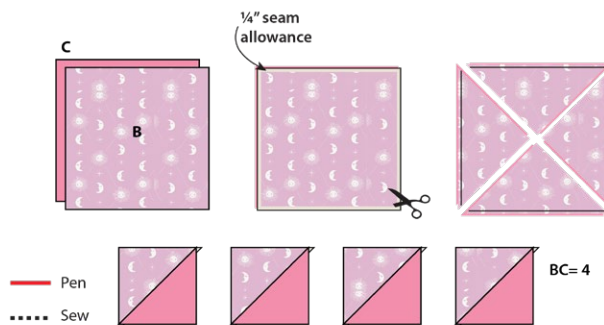


DIAGRAM 2

- You will need the following combinations:

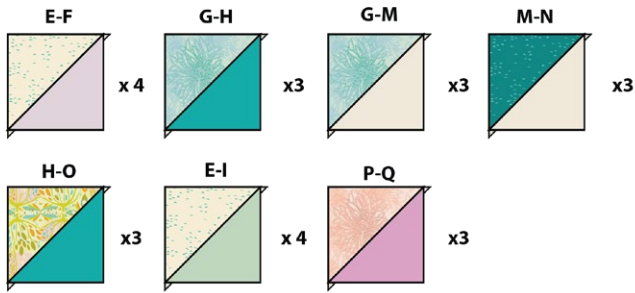


DIAGRAM 3

Four at a time HST method:

- Start by placing one (1) 4" square from fabric **A** and **B** right sides together.
- Sew all around the square at a SCANT $\frac{1}{4}$ ".
- Mark diagonal lines corners to corners on the wrong side of fabric.
- Using your rotary blade, cut the squares following both diagonal drawn lines.
- Press each Half Square Triangle (HST) and trim to a $2\frac{1}{2}$ " squares.

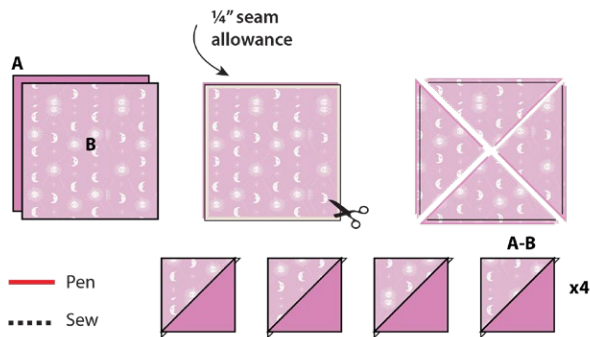


DIAGRAM 4

- You will need the following combinations:

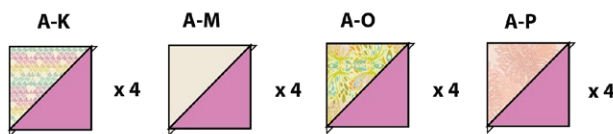


DIAGRAM 5

Magic 8 Half Square Triangle Method

- Place one (1) $6\frac{3}{4}$ " from fabric **A** and one (1) $6\frac{3}{4}$ " square from fabric **E** right sides facing together.
- Draw a line diagonally from corner to corner using a mechanical pencil or frixion pen. Fig 1
- Stitch at a SCANT $\frac{1}{4}$ " on each side of the drawn lines. Fig 2
- Cut the squares in both directions. Fig 3
- Cut the squares diagonally from corner to corner. Fig 4
- Trim each Half Square Triangle (HST) to $2\frac{1}{2}$ " squares.

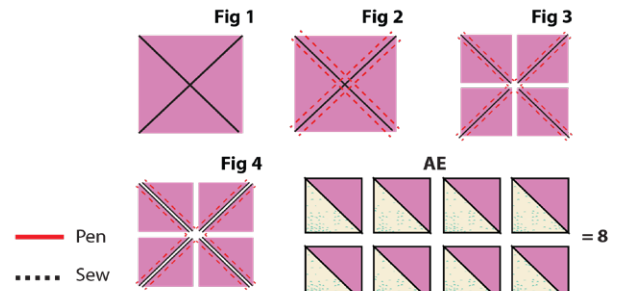


DIAGRAM 6

- You will need the following combination:

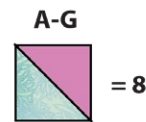


DIAGRAM 7

Four at a Time Flying Geese Method

- Start by placing one (1) $2\frac{3}{8}$ " square from fabric **C** on each opposit corner of a $4\frac{1}{4}$ " square from fabric **D**.
- Draw a diagonal line. Fig 1
- Sew $\frac{1}{4}$ " on each side of the drawn line and cut through the line. Fig 2
- Now place another $2\frac{3}{8}$ " square and place it on the right bottom corner.
- Draw a diagonal line and sew $\frac{1}{4}$ " on each side of the line. Fig 3
- Cut through the line, press open. Trim to $3\frac{1}{2}$ " x 2" Fig 4
- You will have a total of four (4) flying geese.
- Repeat these steps six (6) more times, you will have a total of twenty four (24) Flying Geese per color combination.

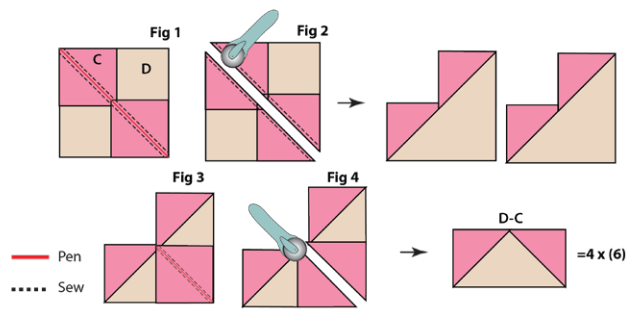


DIAGRAM 8

- You will need the following combinations:

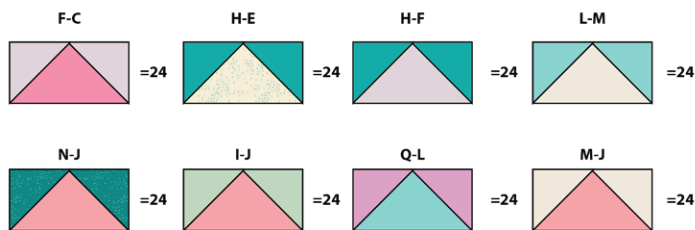


DIAGRAM 9

Building Block 1

- Begin sewing one (1) $15\frac{1}{2}$ " x $2\frac{1}{2}$ " strip from fabric **A** and two (2) $2\frac{1}{2}$ " **AB** Half Square Triangles (HST). We will call it SS1.
- Make two (2).
- Follow the diagram below:

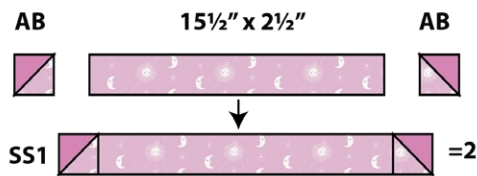


DIAGRAM 10

- Take two (2) $3\frac{1}{2}$ " **BC** Half Square Triangles (HST) and six (6) **CD** Flying gesses and set them in the following order. We will call it SS2.
- Follow diagram below:

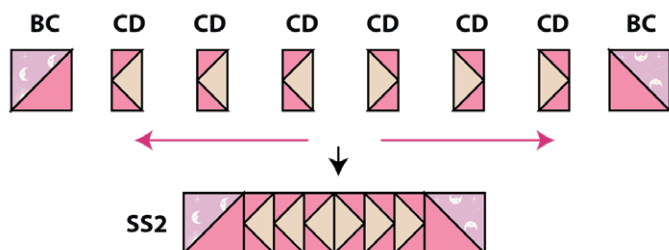


DIAGRAM 11

- Take one (1) $3\frac{1}{2}$ " Half Square triangle (HST) from fabrics **BC**, six (6) **CD** Flying Geeses and one (1) $3\frac{1}{2}$ " square **11** from the panel and sew them together as shown on the diagram. We will call it SS2.1.

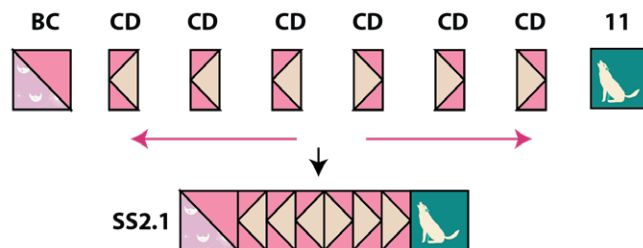


DIAGRAM 12

- Take six (6) **CD** Flying gesse and one (1) $3\frac{1}{2}$ " x $1\frac{1}{2}$ " rectangle from fabric **C**. Follow the diagram below. We will call it SS3.
- Make two (2) SS3

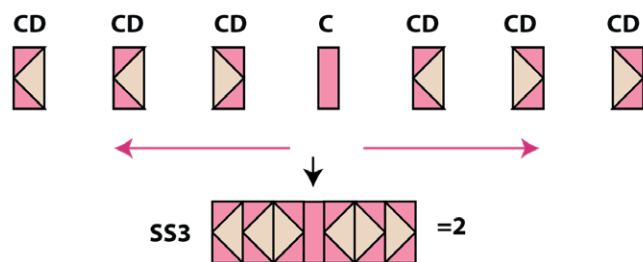


DIAGRAM 13

- Take two (2) SS3, rotate them vertically and one (1) $9\frac{1}{2}$ " x $10\frac{1}{2}$ " panel # 5. We will call it SS3P.
- Follow the diagram below:

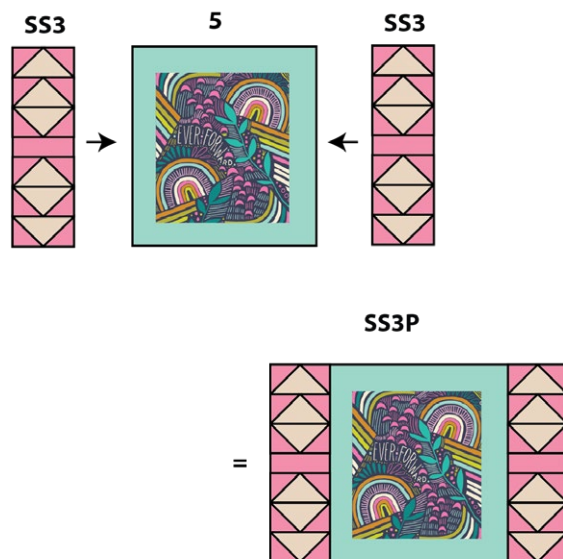


DIAGRAM 14

- Take one (1) SS2, one (1) SS2.1 and one (1) SS3P and sew them together. We will call it SS4.

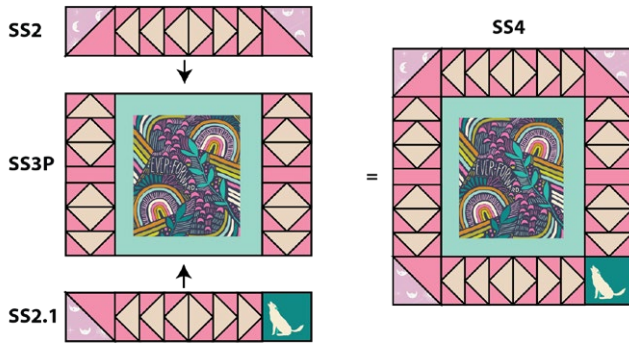


DIAGRAM 15

- Take two (2) $2\frac{1}{2}$ " x $16\frac{1}{2}$ " strips from fabric A and one (1) SS4, sew them together. We will call this SS5.
- Follow the diagram below:

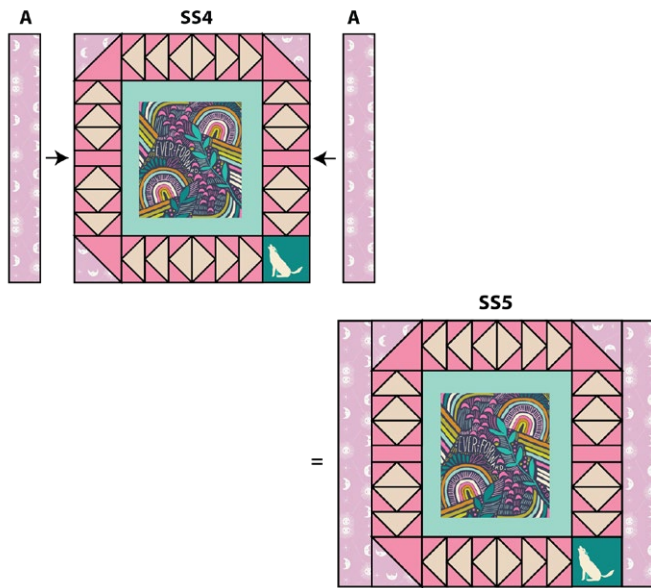


DIAGRAM 16

- Finally take two (2) SS1, make sure to rotate the bottom one around 360° and one (1) SS5. This will be Block 1
- Follow the diagram below:

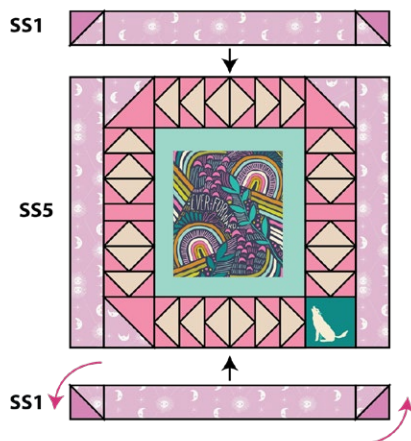


DIAGRAM 17

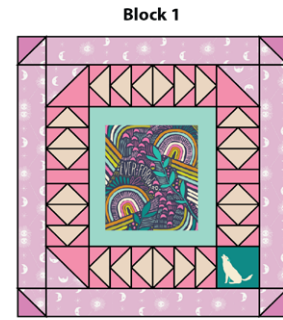


DIAGRAM 18

Follow the Block 1 construction to create Block 2 thru 9. (Pay close attention to the diagrams for piece placement).

Building Block 2

For the construction of Block 2 you will need:

- Four (4) $2\frac{1}{2}$ " HST's from fabric A-E.
- Two (2) $15\frac{1}{2}$ " x $2\frac{1}{2}$ " strips from fabric E.
- Two (2) $16\frac{1}{2}$ " x $2\frac{1}{2}$ " strips from fabric E.
- Twenty two (22) $3\frac{1}{2}$ " x 2" flying geese from fabrics F-C.
- Four (4) $3\frac{1}{2}$ " HST's from fabrics E-F.
- Two (2) $3\frac{1}{2}$ " x $1\frac{1}{2}$ " rectangles from fabric F.
- One (1) Panel # 6.
- One (1) Panel # 20.

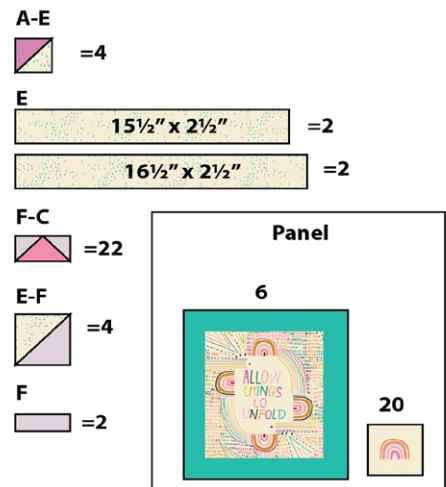


DIAGRAM 19

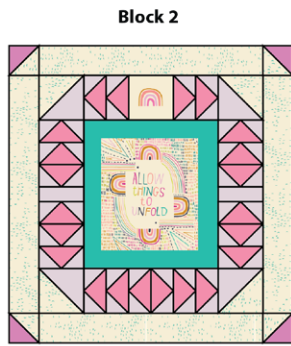


DIAGRAM 20

Building Block 3

For the construction of Block 3 you will need:

- Four (4) 2½" HST's from fabric **A-G**.
- Two (2) 15½" x 2½" strips from fabric **G**.
- Two (2) 16½" x 2½" strips from fabric **G**.
- Twenty four (24) 3½" x 2" Flying geese from fabrics **H-E**.
- Three (3) 3½" HST's from fabrics **G-H**.
- Two (2) 3½" x 1½" rectangles from fabric **H**.
- One (1) Panel # 1.
- One (1) Panel # 9.

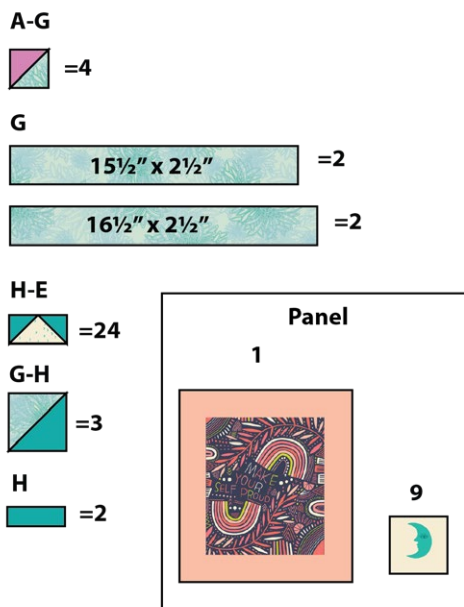


DIAGRAM 21

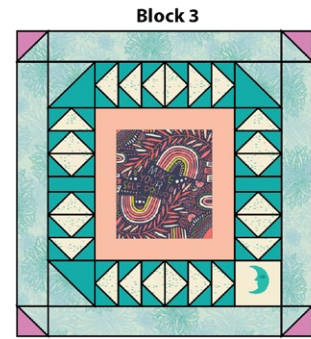


DIAGRAM 22

Building Block 4

For the construction of Block 4 you will need:

- Four (4) 2½" HST's from fabric **A-G**.
- Two (2) 15½" x 2½" strips from fabric **G**.
- Two (2) 16½" x 2½" strips from fabric **G**.
- Twenty four (24) 3½" x 2" Flying geese from fabrics **M-J**.
- Three (3) 3½" HST's from fabrics **G-M**.
- Two (2) 3½" x 1½" rectangles from fabric **M**.
- One (1) Panel # 8.
- One (1) Panel # 13.

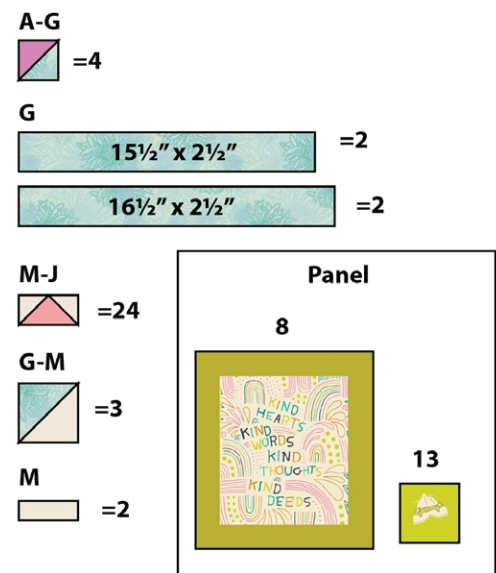


DIAGRAM 23



DIAGRAM 24

Building Block 5

For the construction of Block 5 you will need:

- Four (4) 2½" HST's from fabric **A-K**.
- Two (2) 15½" x 2½" strips from fabric **K**.
- Two (2) 16½" x 2½" strips from fabric **K**.
- Twenty four (24) 3½" x 2" flying geese from fabrics **L-M**.
- Two (2) 3½" x 1½" rectangles from fabric **L**.
- One (1) 9½" x 10½" rectangle from fabric **R**.
- One (1) Panel # 16.
- One (1) Panel # 15.
- One (1) Panel # 10.
- One (1) Panel # 11.

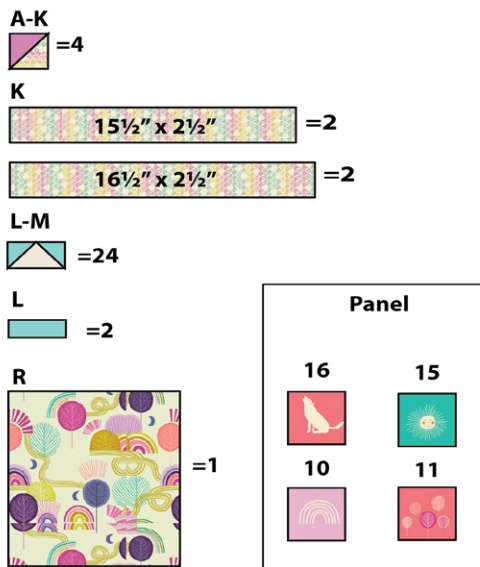


DIAGRAM 25



DIAGRAM 26

Building Block 6

For the construction of Block 6 you will need:

- Four (4) 2½" HST's from fabric **A-M**.
- Two (2) 15½" x 2½" strips from fabric **M**.
- Two (2) 16½" x 2½" strips from fabric **M**.
- Twenty four (24) 3½" x 2" flying geese from fabrics **N-J**.
- Three (3) 3½" HST's from fabrics **M-N**
- Two (2) 3½" x 1½" rectangles from fabric **N**.
- One (1) Panel # 4.
- One (1) Panel # 14.

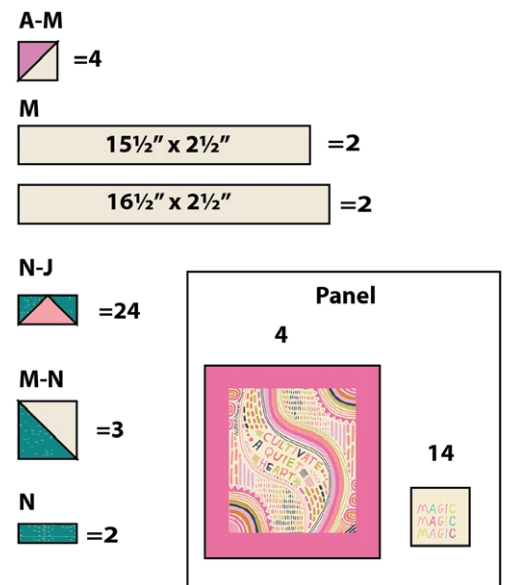


DIAGRAM 27

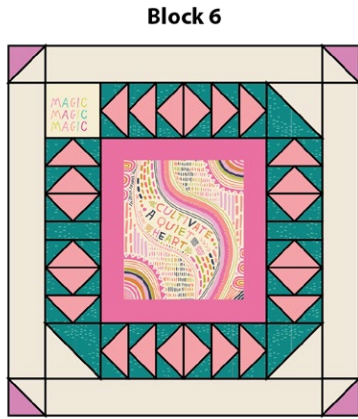


DIAGRAM 28



DIAGRAM 30

Building Block 7

Building Block 8

For the construction of Block 7 you will need:

For the construction of Block 8 you will need:

- Four (4) 2½" HST's from fabric A-O.
- Two (2) 15½" x 2½" strips from fabric O.
- Two (2) 16½" x 2½" strips from fabric O.
- Twenty four (24) 3½" x 2" Flying geese from fabrics H-F.
- Three (3) 3½" HST's from fabrics H-O.
- Two (2) 3½" x 1½" rectangles from fabric H.
- One (1) Panel # 3.
- One (1) Panel # 21.

- Four (4) 2½" HST's from fabric A-E.
- Two (2) 15½" x 2½" strips from fabric E.
- Two (2) 16½" x 2½" strips from fabric E.
- Twenty two (22) 3½" x 2" Flying geese from fabrics I-J.
- Four (4) 3½" HST's from fabrics E-I.
- Two (2) 3½" x 1½" rectangles from fabric I.
- One (1) Panel # 2.
- One (1) Panel # 18.

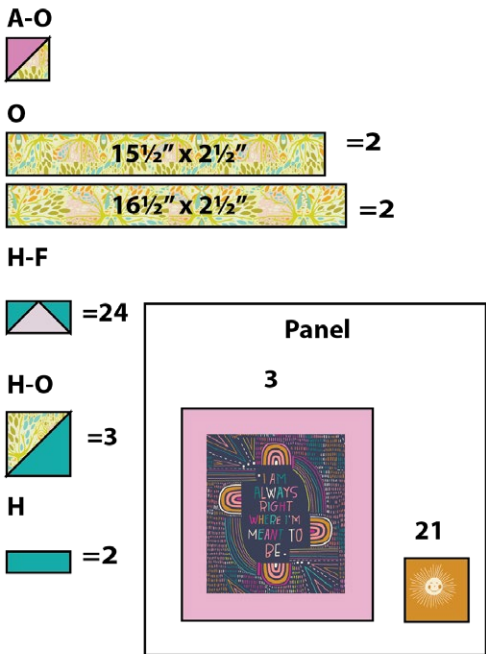


DIAGRAM 29

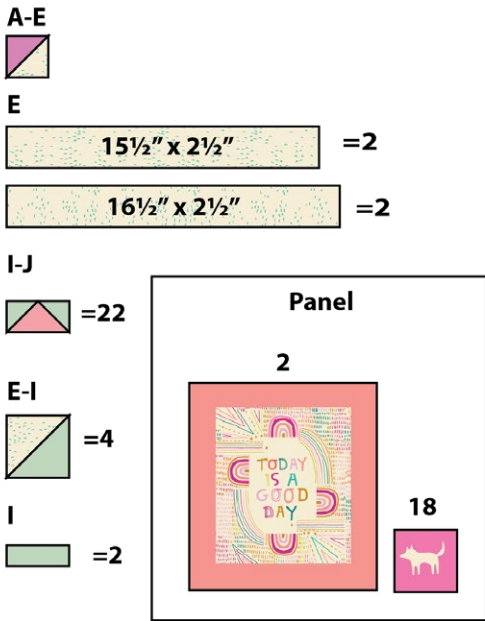


DIAGRAM 31

Block 8



DIAGRAM 32

Block 9



DIAGRAM 34

Building Block 9

For the construction of Block 9 you will need:

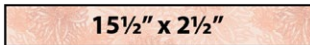
- Four (4) 2½" HST's from fabric **A-P**.
- Two (2) 15½" x 2½" strips from fabric **P**.
- Two (2) 16½" x 2½" strips from fabric **P**.
- Twenty four (24) 3½" x 2" Flying geese from fabrics **Q-L**.
- Three (3) 3½" HST's from fabrics **Q-P**.
- Two (2) 3½" x 1½" rectangles from fabric **Q**.
- One (1) Panel # 7.
- One (1) Panel # 17.

AP



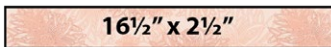
=4

P



15½" x 2½"

=2



16½" x 2½"

=2

QL



=24

QP



=3

Q



=2

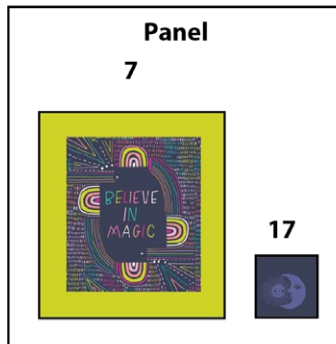


DIAGRAM 33

- Sew Block 1, 2 and 3 together to make Row 1

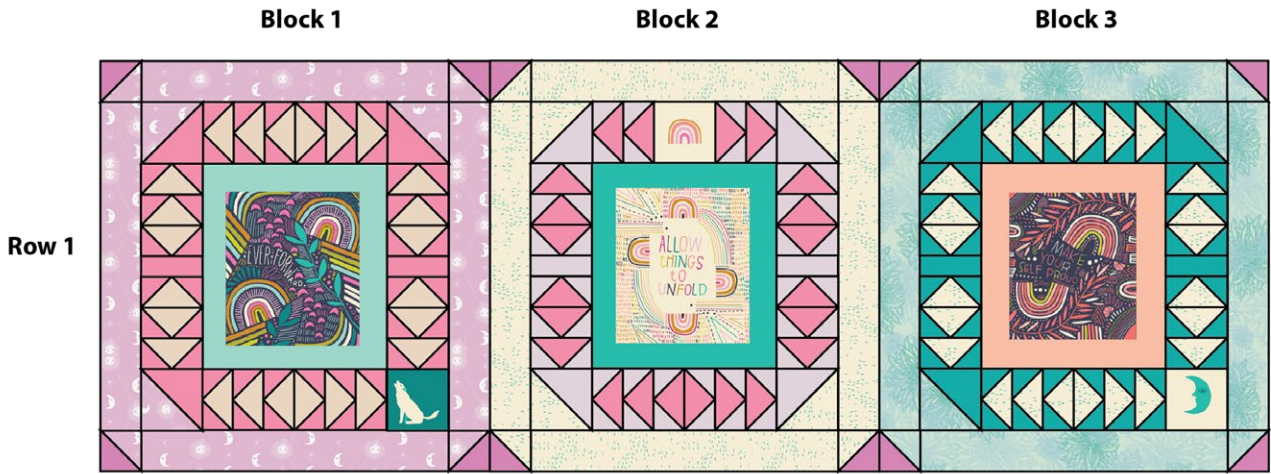


DIAGRAM 35

- Sew Block 4, 5 and 6 together to make Row 2

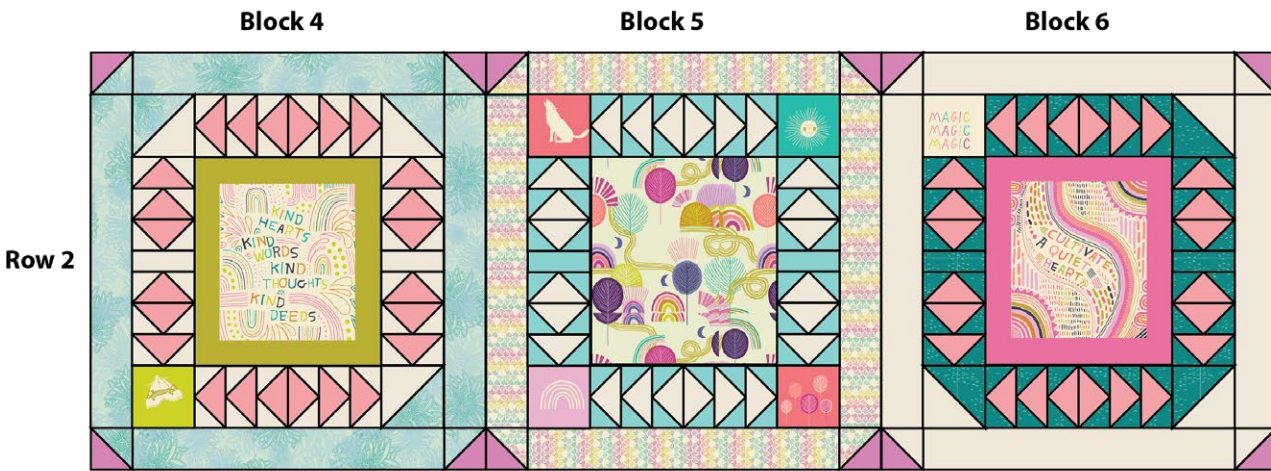


DIAGRAM 36

- Sew Block 7, 8 and 9 together to make Row 3

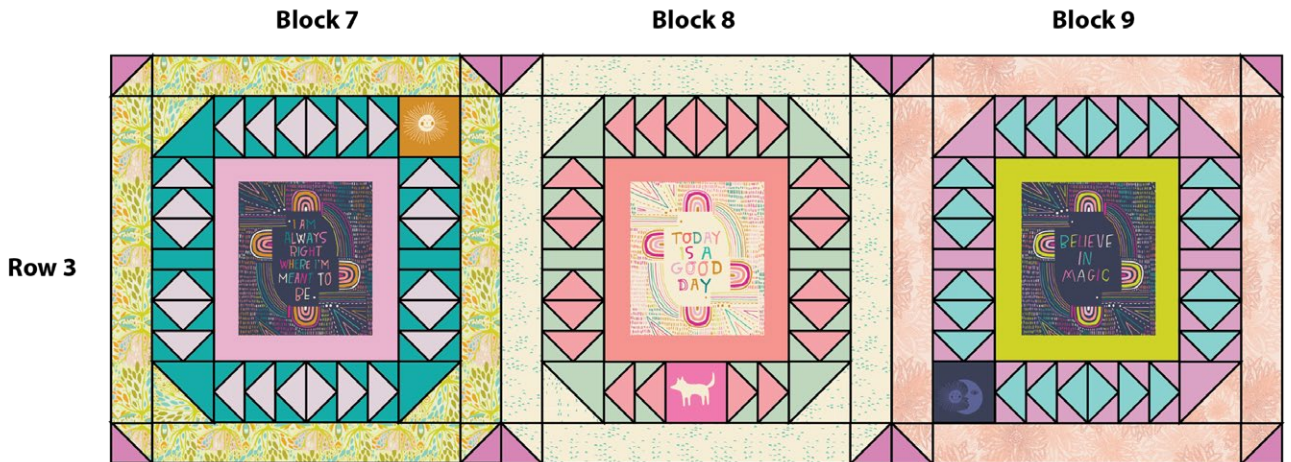


DIAGRAM 37

- Sew Rows 1, 2 and 3 together.

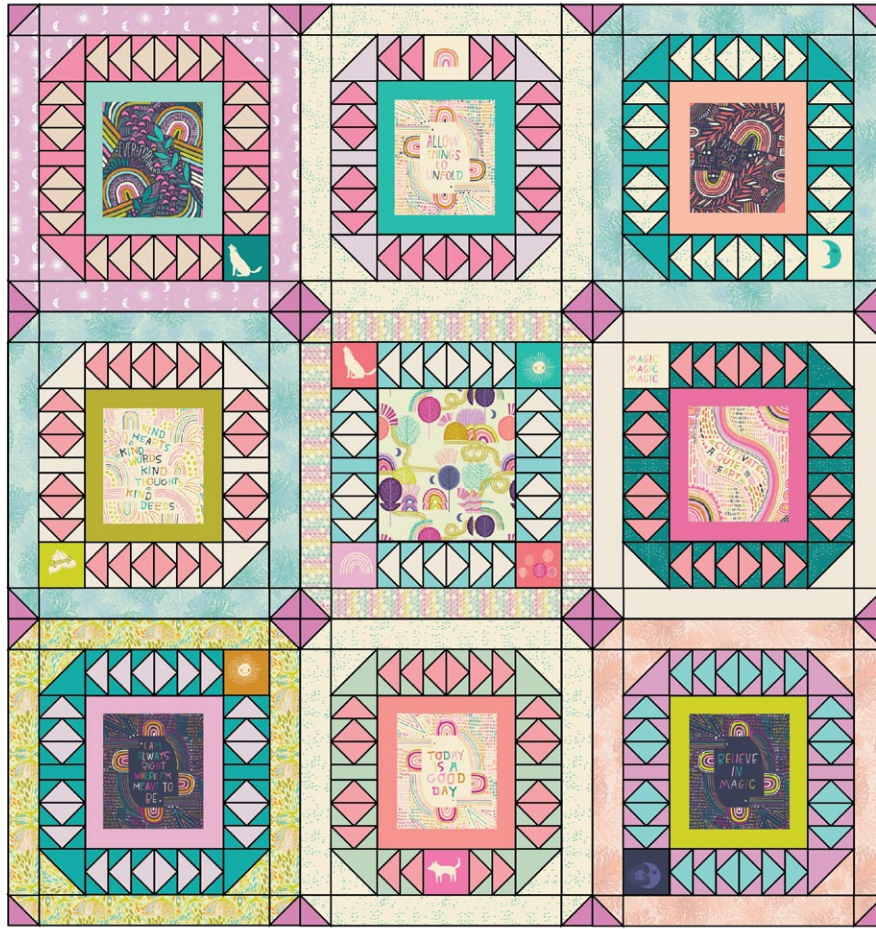


DIAGRAM 38

- Take two (2) WOF x 2½" strips from fabric S and sew them together, trim to measure 61½".
- Make to (2) of these.

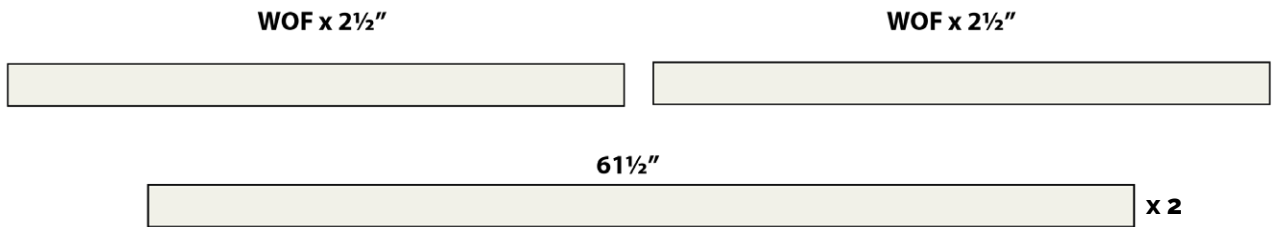


DIAGRAM 39

- Take two (2) WOF x 2½" strips from fabric S and sew them together, trim to measure 60½".
- Make to (2) of these.

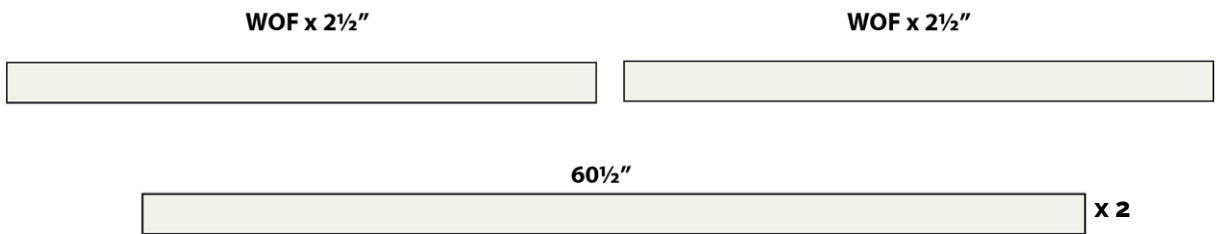


DIAGRAM 40

- Take two (2) 60½" strips from fabric **S** and sew them on each side of your quilt top.

QUILT TOP

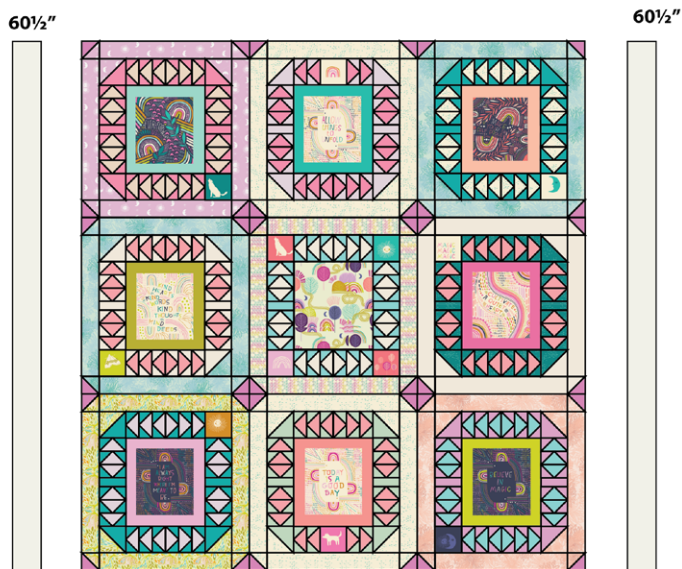


DIAGRAM 41



DIAGRAM 43

- Take two (2) 61½" strips from fabric **S** and sew them on top and bottom of your quilt top.

QUILT ASSEMBLY

Sew rights sides together.

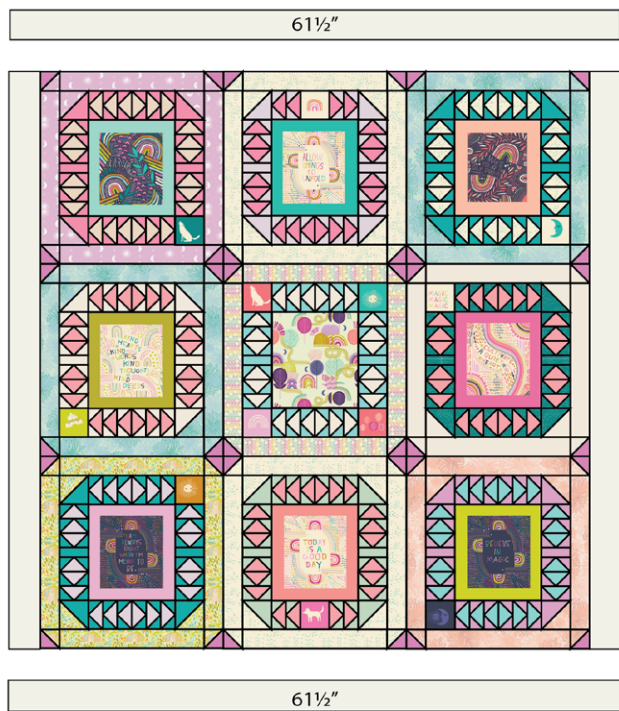


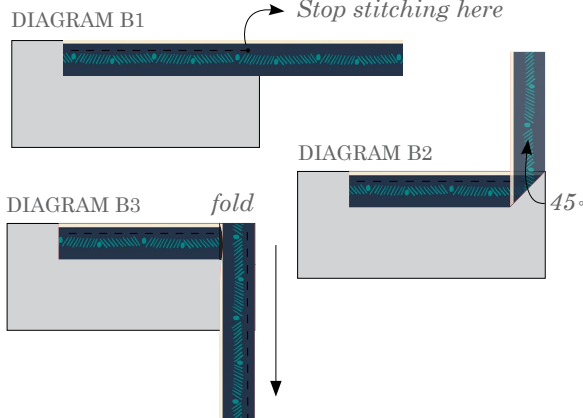
DIAGRAM 42

- Place **BACKING FABRIC** on a large surface wrong side up. Stretch it with masking tape against that surface.
- Place **BATTING** on top of backing fabric.
- Place **TOP** on top of the batting with right side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working towards the corners. Remember that quilting motifs are a matter of personal preference. Have fun choosing yours!
- After you finished, trim excess of any fabric or batting, squaring the quilt to proceed to bind it.

BINDING

Sew rights sides together.

- Cut enough strips $2\frac{1}{2}$ " wide by the width of the fabric **U** to make a final strip 260" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with $\frac{1}{4}$ " seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching $\frac{1}{4}$ " before the edge of the quilt (DIAGRAM B 1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B 2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B 3). Start sewing at $\frac{1}{4}$ " of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to $\frac{1}{4}$ " and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.
- If you are using our 2.5 edition (binding fabric), click or scan this QR code to see a tutorial on how to use this specialty fabric.





artgalleryfabrics.com

NOTE: While all possible care has been taken to ensure the accuracy of this pattern, We are not responsible for printing errors or the way in which individual work varies.

Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.